

CP of New Jersey's

# EDUCATING FOR SUCCESS

June 2003

SUCCESS STORIES  
and SOLUTIONS for EDUCATING  
STUDENTS with DISABILITIES

Issue IV  
Volume III

## Considering an Extended School Year

Developing an Extended School Year (educational programming beyond the regular 180 school days, also referred to as ESY) plan can be daunting, but when you consider the needs of each student, the task becomes more manageable. However, it is hard to know when ESY is appropriate and in what ways it can be implemented for your student or child's needs. The first step in determining whether or not there is a need for ESY is to look at the criteria laid out by the Department of Education.

According to the New Jersey's Department of Education's most recent policy paper on Extended School Year "Regression / recoupment analysis is an integral part of the determination of appropriateness for ESY services, but it is not the only measure used in determining the necessity of a structured extended school year program." It is important to consider these additional factors as described by the Department of Education: the degree of impairment, the degree of regression, recovery time from regression, educational structure at home, rate of progress, behavioral and physical needs, availability of alternative resources, social interactions with non-disabled children, vocational needs, and more.

After the IEP team has measured these factors, it's then up to the team and parents to consider what will best benefit the student who needs a program. The following is an example of a case that will hopefully aid you in creating an extended school year for your student or child's IEP.

Consider the student who has done an outstanding job of meeting his academic goals. One of his biggest obstacles, however, is that he does not interact socially with his non-disabled peers. In the recent IEP meeting we discussed how to develop some social skills and further develop his communication skills while providing the opportunity for him to practice these skills.

An extended school year program was deemed necessary, but in what ways can we address these goals? A summer program that provides him with inclusive recreation opportunities will increase his interaction with his peers as well as provide him with numerous social opportunities. With the

proper supports, such as CP of New Jersey's Bridges Program, he can thrive in a fun environment and meet his social goals.

*To get more information on Extended School Year or to find out about CP of New Jersey's supports to schools and parents providing ESY, call Jackie Edwards at (888) 322-1918 Extension 526 or email her at [jedwards@cpofnj.org](mailto:jedwards@cpofnj.org).*



### The Guttenberg Scholarship For Students with Physical Disabilities

New Jersey Institute of Technology has a long history of providing access to education for the engineering, technological, and management professions to all students, regardless of economic, social, or physical disabilities. In keeping with this tradition, the Guttenberg Scholarship Fund continues to provide financial assistance for qualified students with physical disabilities.

The annual award, a minimum of \$2,500, may be applied towards the cost of tuition, fees, room and board, and/or a range of coordinated services available at NJIT to meet the special needs of students with disabilities. The scholarship is renewed each year, provided the student remains in good academic standing.

Interested candidates must apply to NJIT through the regular admissions process. Contact the admissions office for both the admissions application form and the application form for this scholarship.

Students should also submit the FAFSA for financial aid, provide a letter from the doctor stating the nature of the disability, and include a teacher or counselor recommendation letter.

The admissions office can be reached at (973) 596-3300, or email [admissions@njit.edu](mailto:admissions@njit.edu).

Cerebral Palsy of New Jersey  
is Accredited by CARF  
Community Employment Services



Cerebral Palsy of New Jersey has been recognized by the New Jersey Department of Education as a "Registered New Jersey Professional Development Provider."

## WE'RE HERE TO HELP.

CALL US FOR ASSISTANCE IN THESE AREAS:

- ◆ IEP Assistance
- ◆ Transition Planning
- ◆ Assistive Technology for Education
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- ◆ Positive Behavioral Supports
  - ◆ Family Support
  - ◆ Work Based Learning
  - ◆ School to Work Support
  - ◆ Job Accommodations
  - ◆ ADA Assistance
- ◆ Social Security Benefits Planning
- ◆ Substance Abuse Prevention Education

CALL US TODAY AT  
(888) 322-1918  
OR EMAIL US AT  
INFO@CPOFNJ.ORG.

WE CAN HELP YOU EDUCATE  
STUDENTS WITH  
DISABILITIES.

## What do Educators Need to Know about Special Education Students and Substance Abuse?

Are you working with a student you think may be abusing alcohol or drugs but are unsure how to confront him or her about the issue? Do the special education personnel in your school district have opportunities to interface with the Substance Awareness Coordinator (SAC)? Are you aware of the risk factors for substance abuse among the classified special education student?



Whether a student is abusing alcohol, using illicit drugs or misusing prescription medication, teachers, child study team members, administrators and counselors need to be able to recognize the signs of substance abuse and what they can do to help the student.

Debbie Maslansky, MS, CPS, Cerebral Palsy of New Jersey's Director of Substance Abuse Prevention, offers free Roads2Recovery presentations to help educators identify, understand and address substance abuse issues in special education students.

Maslansky will be a featured presenter at this year's Trinitas Hospital's annual Statewide Clinical Consultation and Training Conference: "Mental Health Issues of Developmentally Disabled Individuals Across the Lifespan" on Friday, November 7.

To schedule a free workshop contact Debbie Maslansky at 1-888-322-1918 or email her at [dmaslansky@cpofnj.org](mailto:dmaslansky@cpofnj.org).

### Want to sign up for "Educating for Success"? Need more information on our Services?

Fill out the form below and fax, email or mail it back to us.

Fax : (609) 392-3505; Email: [hpainting@cpofnj.org](mailto:hpainting@cpofnj.org);

Mail: CP of New Jersey's "Educating for Success" 354 South Broad Street, Trenton, NJ 08608

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